# TGR

(Tigers Gaining Resources)



# Sedalia School District 200

The Sedalia School District has compiled the following list of local resources to improve the lives of students and families. Please reach out to these agencies for more information about how they can help you.



# Please contact us at:

# **Sedalia School District 200**

2806 Matthew Drive Sedalia, Missouri 65301

Phone: 660-829-6450 Web: sedalia200.org

2021

# Index

Abuse		
Pettis County Community Partnership	Page	13
Pettis County Family Support Division	Page	14
Pettis County Juvenile Office	Page	15
Daycare		
Boys and Girls Club	Page	7
Early Head Start	Page	9
Pettis County Family Support Division	Page	14
Drugs		
Mothers Against Meth	Page	12
COMPASS Health	Page	8
Education		
Altrusa	Page	6
Early Head Start	Page	9
Missouri Valley Head Start Preschool	Page	12
Pettis County Early Childhood	Page	14
Parents as Teachers	Page	14
Early Childhood Special Education	Page	14

Sedalia 200 Early Childhood Title I Preschool	Page	16
State Fair Community College Adult Education	Page	17
<b>Emergency Services</b>		
Sedalia Fire Department	Page	16
Employment		
Center for Human Services Employment	Page	8
Missouri Job Center	Page	12
Missouri Vocational Rehabilitation	Page	12
Food	_	10
Food Bank for Central Northeast Missouri	Page	10
Missouri Valley Community Action Agency	Page	12
Open Door	Page	13
Pettis County Family Support Division	Page	14
Health, Mental		
Burrell Behavioral Health	Page	7
DeFeet Suicide Awareness	Page	9
Home State Health	Page	10
Katy Trail Community Health	Page	10
·	Page	9
Dr. Gary C. Kitto	•	15
Royal Oaks Hospital	Page	13
Health, Physical		
Bothwell Regional Health Center	Page	6
Home State Health	Page	10
Pettis County Family Support Division	Page	14
Pettis County Health Center	Page	14
,	Ü	
Housing		
Housing Authority of the City of Sedalia	Page	10
Housing and Urban Development, HUD	Page	11
Liberty TAMBO Apartments	Page	11
Missouri Valley Community Action Agency	Page	12

Pettis County Community Partnership	Page	13
Sedalia Housing Authority	Page	16
Legal Aid		
Legal Aid of Western Missouri	Page	11
Pettis County Juvenile Office	Page	15
rettis county savenile office	rage	13
Military Services		
Whiteman Air Force Base School Support	Page	18
Persons with Disabilities		
Association for Persons with Disabilities (APD)	Page	6
Center for Human Services Disabilities Benefits	Page	8
First Steps	Page	10
M.P.A.C.T.	Page	13
Mpower	Page	13
Missouri Vocational Rehabilitation	Page	12
West Central Independent Living (WILS)	Page	18
School Supplies		
C.A.C.T.U.S.	Page	7
Utilities		
Missouri Valley Community Action Agency	Page	12
Pettis County Family Support Division	Page	14
Youth Activities		
Boonslick Regional Library	Page	6
Boy/Cub Scouts of America	Page	7
Boys and Girls Club	Page	7
State Fair Community College Daum Museum	Page	17
Pettis County 4-H	Page	13
Relay for Life	Page	15
Sedalia Public Library	Page	17

#### Altrusa

Altrusa is an international volunteer service organization of business and professional leaders, classified by occupation, dedicated to improving their communities by personal service. Altrusa International's general focus is literacy. email <a href="mailto:Sedaliaaltrusa2019@gmail.com">Sedaliaaltrusa2019@gmail.com</a>

#### Association for Persons with Disabilities (APD)

Association for Persons with Disabilities (APD) provides support and resources to help meet needs. Social workers can reach out to APD to discuss financial needs that you or your student may have that cannot be met through other sources. Requests for assistance can be educational, technology, medical, therapy, camps or other services. Feel free to reach out directly to Jim Rennison at rennison.jim@gmail.com

#### **Boonslick Regional Library**

Boonslick Regional Library provides resources to inform, enlighten and inspire. Feel free to contact us at 660-827-7323 ext. 3 or on our website <a href="https://www.boonslicklibrary.com">www.boonslicklibrary.com</a>

#### **Bothwell Regional Health Center**

Bothwell Regional Health Center has served Sedalia and west-central Missouri since 1930. Bothwell is a comprehensive health-care system committed to providing exceptional, cost-effective and compassionate health care to meet the needs of the Sedalia community and its surrounding areas. Bothwell provides a full range of diagnostic, medical and surgical services including cancer care, emergency services, orthopedics, cardiovascular care, obstetrics and gynecology, outpatient services including psychiatry, diagnostic imaging, and community health and wellness education. Bothwell also offers a network of 23 outpatient clinics and facilities offering primary and specialty care for patients. For more information about Bothwell Regional Health Center, visit <a href="https://www.brhc.org">www.brhc.org</a>

#### Boys and Girls Clubs of West Central Missouri

Boys & Girls Clubs of West Central Missouri provides services after school and in the summer for all school-age youth. We provide a safe place for kids to go after school, where they can have a healthy snack, socialize with friends, and HAVE FUN. Some of the activities we provide include homework help, arts and crafts, science, technology, engineering, math, and robotics. We teach life skills and ways to live a healthy lifestyle. Our Summer Program is an all day, 10-week program and is held in two different locations – one for elementary kids and the other for 5th grade and up. At Boys & Girls Clubs we do Whatever It Takes to put kids on the path to a great future. Sedalia Sites: Heber Hunt, Horace Mann, Parkview, Skyline or Washington. Teen site in Sedalia for 5th grade and up held at First Baptist Church. Outlying Sites: Cole Camp, Dresden, Green Ridge, Lamonte, Leeton and Smithton. Please visit our website at www.bgckids.com or feel free to call at 660-826-8331.

#### **Burrell Behavioral Health**

Our provider base of 400 clinicians offer a full continuum of care through our integrated network. We create individualized care plans and our staff collaborates with families, schools, healthcare systems and other networks to provide the appropriate care for each situation. Phone 573-777-8300 <a href="https://www.burrellcenter.com/">https://www.burrellcenter.com/</a>

#### C.A.C.T.U.S.

C.A.C.T.U.S. provides free backpacks and school supplies for Pettis County students each year before school begins. Phone 660-827-0263 or email <a href="www.sedaliacactus.org">www.sedaliacactus.org</a> www.facebook.com/groups/CACTUSofPC

# Center for Human Services (CHS)-Disabilities Benefits Specialist

Questions about your benefits/how to get benefits/how working might affect your benefits? CHS Employment Services can also help you with this. Please contact Pam Warren at 660-826-4400 or <a href="mailto:pwarren@chs-mo.org">pwarren@chs-mo.org</a>, and she can help you navigate your or your child's options.

#### **Center for Human Services-Employment Services**

Questions about getting a job or needing help in knowing where to start? CHS Employment Services can help you figure out where to go and what the next step may be. We work with students in their junior and senior years and are here to answer any questions you may have about you or your child's employment future. Please contact our office at 660-826-4400 and ask to speak with Pam Warren or feel free to email her directly at\_pwarren@chs-mo.org.

#### **COMPASS Health**

Compass Health Network Address: 1700 West Main St. Sedalia, MO 65301 Phone: 1-844-853-8937 Hours of Operation: 8am-5pm Description: Adolescent and Adult outpatient use disorder treatment. Offering a broad range of services and approaches to include: individual, family, group, and co-dependent counseling options. In addition, our Opioid Treatment Program will offer methadone treatment for individuals dealing with an opioid addiction.

#### **Cub Scouts**

Cub Scouts, Youth grades K-5, and SCOUTS BSA, 11-17 years old, provides the nation's foremost youth program of character development and values-based leadership training, which helps young people be "Prepared. For Life." JOIN A PACK OR TROOP NEAR YOU TODAY! Go to <a href="www.beascout.org">www.beascout.org</a> or contact <a href="mailto:chris.harper@scouting.org">chris.harper@scouting.org</a> 573-375-8088.

#### **DeFeet Suicide Awareness**

DeFeet is dedicated to educating Pettis County about mental health awareness and suicide prevention by providing free training opportunities, well-being support groups, and advocate for treatment by providing resources to destigmatize mental health issues and refer those seeking help to local mental health services. Website: <a href="www.defeet.org">www.defeet.org</a> find them on facebook at "DeFeet.org" or <a href="https://www.facebook.com/DefeetSuicide">https://www.facebook.com/DefeetSuicide</a>

### Dr. Gary C. Kitto and Associates LLC

Dr. Gary C. Kitto, LPC and Kim Wright, MS, PLPC at Thriving Life Counseling & Consulting Background located at 1016 Thompson Blvd Suite 34C, Sedalia MO 65301 serves the community professionally by providing the highest level of private mental health care with a full array of outpatient services, utilizing research-based therapeutic approaches to bring about emotional & spiritual healing. Here you will find skilled, experienced therapists with degrees, who have helped clients just like you build richer, more rewarding lives. We're qualified to work with a wide range of therapeutic issues & are invested in ongoing prevention through education, workshops, seminars & consults. Many clients report rapid progress due to our effective approach. Services provided: play therapy, psychotherapy, holistic approaches, addiction counseling, evaluations, Marriage & Family therapy, ADHD evaluation, stress management, PTSD, critical incidence, consultations. All ages accepted. Strictly confidential environment. Most insurances accepted. Please contact our office at 660-826-7909.

# **Early Head Start**

Early Head Start is an early education program for children ages 0-3 and prenatal mothers. We provide exceptional childcare and home visitation services for those who qualify.

For more information please contact us at 660-620-0806, efowler@chs-mo.org or apply online at <a href="https://www.chs-mo.org/services/early-head-start/">https://www.chs-mo.org/services/early-head-start/</a>.

#### First Steps

First Steps is Missouri's Early Intervention system that provides services to families with children, birth to three years of age, with disabilities or developmental delays. Phone 660-827-5004.

#### Food Bank for Central and Northeast Missouri

The Food Bank for Central & Northeast Missouri is a regional disaster and hunger relief network that acquires and distributes millions of pounds of food annually to partner agencies across a 32 county area. The Food Bank partners with 140 food pantries, soup kitchens, shelters and other agencies to ensure food gets into the hands of those who need it most. The Food Bank also works with more than 150 schools to help students receive nutritious food. Phone 573-764-3363 www.sharefoodbringhope.org

#### **Home State Health**

Home State Health, a MO HealthNet Managed Care Health Plan, helps make it easy for members to access medical, behavioral health, vision, and dental services. Visit Home State Health at <a href="https://www.HomeStateHealth.com">www.HomeStateHealth.com</a> or call 1-855-694-4663.

#### **Housing Authority of the City of Sedalia**

Improving the quality of life for citizens in our community by providing adequate and affordable housing, opportunities for economic growth, suitable living environments free from drugs, crime and discrimination of basic and essential services. Phone 660-827-1400 www.sedaliahousing.org

#### Housing and Urban Development, HUD

We are HUD, subsidized housing for those 62 years or older with very limited income. Studio and 1-bedroom apartments, low utilities, many other amenities. For more information call 660-827-3161 or contact us on FaceBook.

#### **Katy Trail Community Health**

Katy Trail Community Health is a Federally Qualified Health Center (FQHC). We are accepting medical, dental, behavioral health and dietician appointments. We are a patient-centered health clinic and have set a goal to "putting people first." We ensure this goal by providing various resources to our community such as a sliding fee scale and voucher program to assist our uninsured population. Among these resources we have patient-care coordinators that assist in interpretation services, assistance with applying for insurance, copayments, and a prescription program. Katy Trail is focused on your health and encourages you to become an active participant in your own health care. Contact us: Monday-Friday 1-877-733-5824, after hours 660-826-1188, Saturday 660-826-1188 www.katytrailcommunityhealth.org.

# Legal Aid of Western Missouri

Legal Aid of Western Missouri provides free civil (non-criminal) legal assistance to low-income citizens. Please contact our office at 660-747-7101 and our website is www.lawmo.org.

# **Liberty TAMBO Apartments**

We are HUD, subsidized housing for those 62 years or older with very limited income. Studio and 1-bedroom apartments. Low utilities, many other amenities. For more information call 660-827-3161 or contact us on FaceBook.

#### Missouri Job Center

Missouri Job Center Sedalia Located at 515 S. Kentucky, Sedalia, MO, phone 660-530-5627 Website: <a href="www.jobs.mo.gov">www.jobs.mo.gov</a> Missouri Job Center offers a variety of resources for individuals and youth looking for employment. Examples include resume assistance, interviewing skills, and job matching to match job seekers to employers.

#### Missouri Valley Community Action Agency

We have several programs at Missouri Valley Community Action Agency, such as energy assistance, weatherization, head start, and section eight. Most of the applications can be found on our site, <a href="https://www.mvcaa.net">www.mvcaa.net</a> our home number is 660-826-0804 for head start contact either Debbie or Brenda our email is <a href="mailto:shaumeyert@mvcaa.net">shaumeyert@mvcaa.net</a>.

#### Missouri Valley Community Action Agency Head Start

MVCAA Head Start is a preschool program for children ages 3-5. Participant may attend a 7 hour class, 4 days a week or a 4 hour class, 4 days a week. Transportation is provided. For more information please contact us at 660-826-0804 or apply online at www.mvcaa.net.

#### Missouri Vocational Rehabilitation

Missouri Vocational Rehabilitation provides transition services to students with disabilities to assist them with finding a job, career training or help with college after high school. 2115 W Broadway, Sedalia, MO Phone 660-530-5560 Website: vr.dese.mo.gov

# **Mothers Against Meth**

Mothers Against Methamphetamine is involved in community education about the horrors of methamphetamine addiction at many different levels. Claudia Kays claudia@marshalltowerrealty.com.

#### M.P.A.C.T.

Missouri Parents Act (MPACT) serves children with disabilities, their families and communities. Our mission is to empower families to advocate for themselves so that children with special education needs can reach their full potential in education and life through support, training and education. Our staff, consisting of parents, teachers & therapists, offer parents personalized information that will empower them to successfully advocate for their child. Our FREE trainings have been vetted by DESE to ensure information is relevant & accurate. Phone 800-743-7634 info@missouriparentsact.org.

#### **MPower**

MPower provides Service Coordination for individuals with developmental disabilities. We coordinate community services and resources as well as link directly with Department of Mental Health (DMH) funding to support client goals. 660-596-7926 <a href="https://www.mpowertcm.org">www.mpowertcm.org</a>.

#### **Open Door Ministries**

Open Door provides groceries free of charge and emergency vouchers at our food pantry, a hot meal from our caring kitchen and clothing from our Thrift Store to all Pettis County residents. If you or someone you know is interested in learning more about our recourses please contact Open Door at 660-827-1613 Monday – Friday 9am-2pm.

# **Pettis County 4-H**

Pettis County 4-H is an active, dynamic organization of young people who are learning, growing and preparing to be the leaders of today and tomorrow by making a REAL difference in their community, country and world. 4-H gives youth opportunities to gain leadership, citizenship and life skills through fun and innovative hands-on activities. Pettis County 4-H is committed to serving youth of all abilities. Phone 660-827-0591, 1012A Thompson Blvd, Sedalia.

#### Pettis County Community Partnership/P.R.O.P

The Partnership's efforts are around working together with others to see that children and families are safe, healthy, and successful in school and at work. Our programming includes a Housing Hotline 660-

287-2228, the Community Closet, the Food Co-op and referrals to other resources. Call 660-827-0560 for more information. Monday-Thursday 8:00-12:30 & 1:30-5:00.

#### **Pettis County Health Center**

Pettis County Health Center works with community partners to promote a healthy community. We provide immunizations for children and adults, preventative health screenings, blood pressure, women's health, lab testing, resource materials, medication administration, Tuberculosis testing and followup, and sexually transmitted infection information is available. We distribute vital records, birth certificates and death certificates. We offer information regarding Women, Infant and Children (WIC Nutrition Program). 911 East 16<sup>th</sup> Street, Sedalia, phone 660-827-1130, pchcsite@gmail.com, www.pettiscountyhealthcenter.com

# Pettis County Early Childhood Special Education Coop/Parents as Teachers

We serve students with developmental delays or disabilities age 3-5 in our Title 1 program and Early Childhood Special Education program. We also have a Parents as Teachers program that helps serve children and parents from birth to 5. For more information call Joel Sherman at 660-827-8955 or 660-851-9200.

# **Pettis County Family Support Division**

The Department of Social Services can help you with basic needs such as food, health-care coverage, blind services, cash assistance, child care, or home energy bills. You can also reach out to the

Department of Social Services about child support, to report child abuse or neglect, or to become a foster or adoptive parent. Visit <a href="https://www.mydss.mo.gov">www.mydss.mo.gov</a> or call 855-373-4636 for more information. The Child Abuse and Neglect Hotline number is 800-392-3738.

#### **Pettis County Juvenile Office**

The Pettis and Cooper County Juvenile Offices are a division of the 18th Judicial Circuit. The chief, chief deputy, and deputy juvenile officers serve the judiciary. Juvenile Officers are involved in case preparation for both child abuse and delinquency cases which are formally heard in the Juvenile Division of Circuit Court. Phone 660-827-1062, <a href="https://www.pettiscomo.com/juvenile-office/">www.pettiscomo.com/juvenile-office/</a>

#### **Relay for Life**

The Pettis County Relay For Life is an annual event in downtown Sedalia. Please join us to help fight back against cancer and celebrate more birthdays. Find out more information at <a href="www.relayforlife.org/pettiscomo">www.relayforlife.org/pettiscomo</a>. Contact Andrea Curtis at 660-473-0427 or <a href="curtisa@sedalia200.org">curtisa@sedalia200.org</a> with any questions or for future year relay information.

# **Royal Oaks Hospital Encompasses COMPASS Health Network**

Compass Health Network Address: 1700 West Main St.

Sedalia, MO 65301 Phone: 1-844-853-8937

Hours of Operation: 8am-5pm

Description: Adolescent and Adult outpatient use disorder treatment. Offering a broad range of services and approaches

to include: individual, family, group, and co-dependent counseling options. In addition, our Opioid Treatment

Program will offer methadone treatment for individuals dealing with an opioid addiction.

#### **Royal Oaks Hospital**

Address: 307 North Main St.

Windsor, MO 65360 Phone: 1-800-456-2634 Hours of Operation: 24/7

Description: A short term impatient program designed for children and adolescents who are experiencing behavioral and emotional problems, sometimes complicated by drug and alcohol use. Generally, the criteria for an admission to Royal Oaks Hospital is when an individual is threatening harm to themselves or others. Parents/Legal guardians can call the hospital directly if they feel their child requires this level of care. Transportation is provided if needed.

#### Sedalia 200 Early Childhood Title 1 Preschool Program

In the Title 1 Preschool Program, children are provided significant opportunity to receive a fair, equitable, and high-quality education and to close educational achievement gaps. Children must qualify for the Sedalia 200 Title 1 Preschool Program. For more information contact 600-827-8955 or 660-851-9200.

# **Sedalia Fire Department**

The Sedalia Fire Department is a 43 member, career fire department charged with the responsibility for fire protection, hazard mitigation, rescue and emergency medical response for the citizens of the city of Sedalia and its visitors. Greg Harrell, Fire Chief <a href="mailto:gharrell@cityofsedalia.com">gharrell@cityofsedalia.com</a> 660-827-7880 office, Matt Irwin, Deputy Chief <a href="mirwin@cityofsedalia.com">mirwin@cityofsedalia.com</a> 660-826-8044 Fire Headquarters.

# **Sedalia Housing Authority**

The Sedalia Housing Authority provides decent, safe, and sanitary housing to individuals who have low to no income.

We currently have 195 Public Housing apartments and administer 270 housing choice vouchers (HCV) serving Pettis and Johnson counties. Phone 660-827-1400 www.sedaliahousing.org .

# State Fair Community College Adult Education and Literacy (AEL)

Adult Education & Literacy (AEL) The AEL program, located on the SFCC campus, offers both day and evening classes for individuals interested in earning their high school diploma or interested in improving reading, writing, and math skills. The English Language Learner (ELL) program helps individuals accelerate their English language learning through vocabulary building, communication skills and academics. For more information contact <a href="mailto:kdietzman@sfcc.edu">kdietzman@sfcc.edu</a> Phone 660-596-7389 or <a href="mailto:dswalley@sfccmo.edu">dswalley@sfccmo.edu</a> Phone 660-596-7380

## **Sedalia Public Library**

The Sedalia Public Library is located at 311 W. 3<sup>rd</sup> street. Our hours are Monday-Friday 9 am – 6 pm, Saturday 9 am-1 pm, Sunday 1-5 pm. Free library cards are available for residents who live inside city limits. Your card allows you to check out books and DVD's (children under 16 must have parent permission to borrow DVD's). Your library card also gives you access to HOOPLA, Overdrive, and Creative Bug along with a calendar of upcoming events on our newly updated website, sedalialibrary.com

# **State Fair Community College Daum Museum**

The Daum Museum of Contemporary Art, located on the campus of State Fair Community College, offers exhibition-associated education programs to area schools through facilitated museum tours and classroom presentations as well

as partner-school collaborations that introduce Visual Thinking Strategies into classroom curricula. General museum experiences are always free and open to the public, include tours of temporary exhibitions, lectures, workshops, and family events. The museum is open Tuesday through Friday, 11:00-5:00; Saturday and Sunday, 1:00-5:00. Contact Vicki Weaver, Curator of Education, 660-596-7331.

## Whiteman Air Force Base School Support Liaison

The School Liaison is responsible in assisting military families with any school related questions they have regarding their children's education. This includes assistance with special educational services for school-age and preschool children. In addition, the liaison can provide information on the Interstate Compact on Educational Opportunities for Military Children. This compact provides support for children during transitions. Your child may also opt to be paired with a student sponsor upon their arrival. Contact information is: Liz Clark 660-687-7664 elizabeth.clark.20@us.af.mil https://www.facebook.com/WhitemanSLO

# West Central Independent Living Solutions (WILS)

WILS assists individuals with disabilities of all ages and disability types to achieve or maintain living independently in their home and community. WILS services include: life skills training, personal assistant services, advocacy, institutional transition, peer support, assistive technology, and youth transition from high school to higher education, employment skills, and community living. Visit w-ils.org or call 855-WILSWAY to learn more.